

Welcome to the Tongue Hotel

A hearty taste of the Highlands.....



First page shows our daily changing Specials - usually showcasing our amazing local fish and seafood.
Following pages show our main Summer Menu

Specials!

Starters/Main

Shetland Moules Mariniere	Starter	£10.50
White wine cream, crusty bread (chips with mains course)	Main	£24.50
North coast langoustines (GF/DF avail)	Starter	£10.50
Garlic butter and leaves (chips with mains course)	Main	£24.50

Baguette

Melted gruyere cheese, pastrami, pickled cucumber (GF avail)	£7.95
Salad garnish and wee portion of chips	

Mains

BBQ style pulled pork, homemade slaw, Campbeltown cheddar slider	£15.50
Hand cut chips, salad	

Desserts

Banoffee Pie	£6.50
Prosecco macerated berries, chocolate soil	
Homemade Ices	
Choose 3 scoops....	£5.95
Ice Creams: Vanilla, white chocolate, milk chocolate, strawberry	
Espresso, pecan	
Sorbets: Sour raspberry sorbet	

Please make allergies known! Note our salad dressing contains mustard seeds

Locally Sourced - Produced with Pride

Something Tasty!

Warm baguettes served with salad garnish
and a *wee portion* of chips
Choose from;

Buffalo mozzarella, beef tomato, basil (V) (GF avail)	£7.95
Scottish ham and Ullapool smoked cheddar and tomato (GF avail)	£7.95
Hot smoked salmon, cream cheese and scallions (GF avail)	£9.50
Honey roast vegetable and homemade chilli relish (V) (GF/DF avail)	£7.95
Morangie brie, bacon and redcurrant (GF/DF avail)	£7.95
Chicken breast, bacon, gem lettuce and mayonnaise (GF/DF avail)	£7.95

Something Light (*starter portion*)

Homemade soup (V) (Ve/DF/GF avail) Warm crusty bread roll	£5.50
Chorizo chicken and mushrooms bruschetta (DF/GF avail) Cherry tomatoes, black olives, red onion and basil salsa	£7.50
North Coast Trio (DF/GF avail) Hot and cold smoked salmon, smoked mackerel pâté, cherry tomato, Lemon and garlic dressing	£9.50
Salt baked beetroot hummus (V/Ve/GF) (GF avail) Roasted vegetables, pine nuts, sesame seeds and sourdough	£7.50
Quinoa and avocado salad (GF/DF/V/Ve) Tomato, red onion, coriander, Dijon mustard and garlic dressing (Available as starter or mains)	£7.50

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Something Substantial

Traditional north coast haddock and chips (GF/DF avail) £13.50
salad, homemade tartar sauce

Tongue Hotel 8oz beef burger (GF/DF avail) £13.50
Brioche bun, bacon, tomato, baby gem, chilli relish and chips

Cajun chicken breast slider (GF/DF avail) £13.50
Brioche bun, bacon, tomato, baby gem, chipotle relish and chips

Vegetable burger (V) (DF avail) £13.50
Brioche bun, tomato, baby gem, chipotle relish and chips

BURGERS ADD CHEESE: Blue Murder, Morangie brie, Campbeltown or Smoked Ullapool cheddar £1.00

Garlic polenta cakes (V/GF) £13.50
Black olive tapenade, sundried tomatoes, rocket

Italian style aubergine, olive and caper stew (GF/DF/V/Ve) £13.50
Pomegranate cous cous, toasted almonds

Something Extra!

House salad (Ve, V, GF, DF) £3.95

Chips (Ve, V, GF, DF) £3.95

Garlic bread (Ve, V, GF avail) £3.95

Onion rings (Ve, V, DF, GF avail) £3.95

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Something Sweet

Sticky date pudding £6.50
Butterscotch sauce, vanilla ice cream

Selection of ice-creams £5.95
Homemade ice creams and shortbread
Choose 3 scoops.... Vanilla, strawberry, white chocolate, milk chocolate,
ginger, espresso, pecan (contains nuts) Strawberry sorbet

Highland cheese selection (GF avail) £8.50
Tongue Hotel oatcakes and chutney

Children's Dishes

Vegetable and fruit crudités available for the *tiny tots!* £3.50

For the wee ones (A small portion suitable for under 10's) 2 courses £6.95

North coast haddock goujons, chips and peas (GF/DF avail)

Smoked haddock fishcake, chips, peas and mayonnaise (DF avail)

Pasta Bolognese, garlic bread (DF and GF avail - takes time!)

Scottish chicken breast, mash potato, roast vegetables, gravy (GF/DF avail)

Roast vegetable, cheddar and tomato enchiladas, chips and salad (GF)

Vanilla or chocolate ice cream cone with sprinkles!

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Teas and Highland Roast Coffee from the Inverness Coffee Roasting Company

Espresso

Intense coffee taste with Golden brown and aromatic crema **£2.20**

Americano

Double espresso dispensed through hot water **£2.50**

Flat White

Two shots of espresso with microfoam milk **£2.80**

Cappuccino

Single shot espresso with steamed and foamed milk, **£2.50**

Babyccino

Steamed and foamed milk with dusting of chocolate **£2.00**

Café Latte

Double espresso, with warm steamed milk **£2.50**

Honey Café Latte

Honey with steamed milk, espresso, foam and cinnamon **£2.80**

Café Mocha

Espresso and dark chocolate with steamed milk and microfoam **£3.00**

Hot Chocolate

Bittersweet cocoa with steamed milk **£2.80**

Pot of Tea

Our special full flavoured blend **£2.20**

Specialty Tea

Earl grey, Darjeeling, Green, Pure Ceylon, **£2.20**

Herbal Teas and Fruit Infusions

Peppermint, Camomile, Blackcurrant, Mango or Lemon **£2.20**

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