

SERVED DAILY @ THE TONGUE HOTEL 12 - 3pm

& BRASS TAP PUBLIC BAR 12 - 5pm

Welcome to the Tongue Hotel

A hearty taste of the Highlands.....



food and drink

Something Tasty!

Warm baguettes served with salad garnish
and a *wee portion* of chips

Choose from;

Scottish Bacon, Morangie Brie, redcurrant (GF avail) £7.95

Swordale 4oz rump steak (GF/DF avail)
Sautéed onions & mushrooms £9.50

Scottish ham and Ullapool smoked cheddar and tomato (GF avail) £7.95

Hot smoked salmon, cream cheese and scallions (V, GF avail) £9.50

Honey roast vegetable and homemade tomato relish wrap (V, GF avail) £7.50

Hot Cajun chicken breast, lemon mayonnaise (GF/DF avail) £7.95

Something Light

Homemade soup (V, GF/DF avail) £5.50

Warm crusty bread roll

North coast hot smoked salmon and spring onion fishcakes (GF avail) £7.50

Lemon mayonnaise, dressed leaves
(Also available as mains £14.50)

Local butcher haggis and mushrooms arancini £7.50
Whisky cream, pea shoots

Half roasted red pepper stuffed with feta cheese (V, GF avail) £7.50

Cherry tomatoes, red onions and basil, herb crust

Highland ham hock, apricot and pistachio terrine (Contains nuts, GF avail) £7.50

Homemade chutney, oatcakes

Please make allergies known! Note our salad dressing contains mustard seeds

Locally Sourced - Produced with Pride

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Something Substantial

Traditional north coast haddock and chips (GF/DF avail) £13.50
Garden peas, homemade tartar sauce

Tongue Hotel 8oz beef burger (GF/DF avail) £13.50
Brioche bun, bacon, tomato, baby gem, chilli relish and chips
Add cheese: Blue Murder, Morangie brie, Smoked Ullapool cheddar £1.00

Cajun chicken breast slider (GF/DF avail) £13.50
Brioche bun, bacon, tomato, baby gem, chipotle relish and chips
Add cheese: Blue Murder, Morangie brie, Smoked Ullapool cheddar £1.00

Highland steak, mushroom and Orkney ale pie £13.50
Creamy mashed potato and roasted vegetables

Garlic and parmesan polenta cakes (V, GF) £13.50
Tomato and basil sauce, roasted winter vegetables

Spicy baked aubergine (V, GF, DF avail) £13.50
Pomegranate and lemon cous, gazpacho, crisp leaves

Something Extra!

House salad (Ve, V, GF, DF) £3.95

Chips (Ve, V, GF, DF) £3.95

Garlic bread (Ve, V, GF) £3.95

Onion rings (Ve, V, DF, GF avail) £3.95

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Something Sweet

Please see our daily menu notes

Children's Dishes

Vegetable and fruit crudités available for the *tiny tots!* £3.50

For the wee ones (A small portion suitable for under 10's) 2 courses £6.95

North coast haddock goujons, chips and peas (GF/DF avail)

Salmon fishcake, chips, peas and mayonnaise (DF avail)

Pasta Bolognese, garlic bread (DF and GF avail - takes time!)

Scottish chicken breast, mash potato, roast vegetables, gravy (GF/DF avail)

Roast vegetable, cheddar and tomato enchiladas, chips and salad (GF)

Vanilla or chocolate ice cream cone with sprinkles!

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Teas and Highland Roast Coffee from the Inverness Coffee Roasting Company

Espresso

Intense coffee taste with Golden brown and aromatic crema **£2.20**

Americano

Double espresso dispensed through hot water for a longer, smoother drink **£2.50**

Flat White

Two shots of espresso with microfoam milk **£2.80**

Cappuccino

Single shot espresso with steamed and foamed milk, dusted with cocoa **£2.50**

Babyccino

Steamed and foamed milk with dusting of chocolate **£2.00**

Café Latte

Double espresso, with warm steamed milk **£2.50**

Honey Café Latte

Honey with steamed milk, espresso, foam and cinnamon **£2.80**

Café Mocha

Espresso and dark chocolate with steamed milk and microfoam **£3.00**

Hot Chocolate

Bittersweet cocoa with steamed milk **£2.80**

Pot of Tea

Our special full flavoured blend **£2.20**

Specialty Tea

Earl grey, Darjeeling, Green, Pure Ceylon, **£2.20**

Herbal Teas and Fruit Infusions

Peppermint, Camomile, Blackcurrant, Mango or Lemon **£2.20**

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